

What is the PE and Sports Premium?

The government provides additional funding for maintained schools and academies to make additional and sustainable improvements to the quality of PE and Sport. Each school will receive £16,000 plus an extra £10 per pupil each year. For 2023/2024 this money equates to **£18940**.

At Rowlatts Mead, we identify the contribution of PE and Sport to the health and well-being of the children. We are firm believers that an innovative and varied PE Curriculum, combined with regular extra-curricular activities have a positive influence on developing children's physical literacy resulting in increased levels of concentration, attitude and academic achievement of all our children.

1. Engagement of All Pupils in Regular Physical Activity

- We will continue to enhance provision for pupils to be active during the school day by investing in high-quality playtime resources and implementing scheduled daily physical activity opportunities.
- Our aim is to ensure that all pupils engage in at least 30 minutes of physical activity in school each day, contributing to their overall health and well-being.

2. Raising the Profile of PESSPA Across the School

- PE and physical activity will be promoted as integral to pupils' physical and mental well-being.
- We will engage parents and the wider school community by linking physical education lessons with themes of health and mental wellness, encouraging lifelong healthy habits.

3. Increased Confidence, Knowledge, and Skills of Staff

- Professional development opportunities will be provided to ensure all staff are confident and skilled in delivering high-quality PE lessons.
- By upskilling staff, we aim to maintain consistently high teaching standards across all key stages, enhancing the quality of our PE curriculum.

4. Broader Experience of a Range of Sports and Activities

- Pupils will have access to a wider variety of sports and physical activities, both during and after school.
- We will expand our extracurricular offerings and encourage participation in diverse activities, fostering enjoyment and engagement in physical activity.
- We will also ensure that pupils have access to a range of competitive and non-competitive events, nurturing their skills and confidence in a supportive environment.

Our Vision for PE and Sports

At Rowlatts Mead Academy, our purpose is to improve every child's sporting experience and encourage lifelong participation in physical activity. We aim to develop pupils' physical, technical, psychological, and social skills through a broad and balanced PE curriculum.

We passionately believe that:

- Competitive opportunities inspire resilience, teamwork, and a love for sport.
- Physical activity and sports are vital for fostering healthy habits and a positive future.
- Every child deserves the chance to explore and enjoy a variety of physical activities.

Through these objectives, we strive to create a culture where physical activity is valued, accessible, and enjoyable for all.

Academic Year: 2023/24		Total fund allocated: £18,940					
A	B	C	D	E	F	G	H
PE and Sport Premium Key Outcome Indicator	School Focus/ planned Impact on pupils	Actions to Achieve	Planned Funding	Actual Funding	Evidence	Actual Impact (following Review) on pupils	Sustainability/ Next Steps
1. the engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles	Increased uptake of sporting activities leading to healthier life style choices and an appreciation of physical activity	<p>Increase and broaden profile of PE at lunchtimes</p> <p>Re-establish play leaders to arrange activities that children can participate in during lunchtimes</p> <p>Reestablish the daily mile track is being used consistently by KS1 and KS2 pupils</p> <p>Provide opportunities for children across different year</p>	Lunchtime equipment £485		<p>Registers showing increased participation in after-school physical activity clubs and lunchtime activities, with a focus on engaging less active pupils.</p> <p>Timetabled implementation of the Daily Mile or similar daily activity programs, monitored by teachers to ensure consistent participation across all classes.</p> <p>Introduction of a healthy tuck shop for KS2 pupils, promoting healthy eating habits alongside physical activity during break times.</p>	<p>Pupils actively participate in structured physical activities during break and lunchtimes, with increased engagement from previously less active children.</p> <p>Pupil voice feedback indicates enthusiasm for daily physical activity initiatives like the Daily Mile, with children recognizing</p>	<p>Re-establish play leaders with key adult overseeing the provision</p> <p>Timetable for daily mile track is being adhered to for next academic</p> <p>Ensure the provision for after school clubs is maintain</p> <p>Continue to provide children with access to the snack shack next academic year</p>

		groups to attend after school clubs				improvements in fitness and well-being.	
		Maintain the running of a healthy snack tuckshop for children to access at breaktimes				Increased uptake of healthy snacks from the tuck shop, with pupils demonstrating an understanding of the link between nutrition and physical health.	
2. the profile of PE and sport being raised across the school as a tool for whole school improvement	To provide our pupils with an education that equips them with the behaviours and attitudes necessary for success in their next stages of their learning. Increase appreciation of physical education amongst parents and carers	Celebrate sporting achievements both in and outside of school Share accomplishments through school communication mediums/Bromcom /Twitter /school newsletter Invite parents to annual sports day Host a health and wellbeing day/event in which	Transport costs £185 Sports day equipment £380.34		Competition registers show children from varying demographics participating in events throughout the year PE themed assemblies led and presented to children throughout the year School twitter evidences parents attending sports day and actively taking part	Children able to attend sporting events with no cost for families Children's sporting successes celebrated as evidence on certificates during whole school assemblies, sports day presentation.	Increase provision for parents to engage in PE to raise its profile. As well as the traditional sports days on an annual basis, host a health and wellbeing day/event in which parents and children can attend Increase evidence of sporting activities on WEDUC & Twitter as we continue to

		parents and children can attend Consider having pupil and parent sports/ fitness clubs to build on the success of fun and fitness club from last academic year				Provided opportunities for children to experience	build profile and achievement of PE.
3. increased confidence, knowledge and skills of all staff in teaching PE and sport	Secure expert tuition and teaching to improve the knowledge and skill set of colleagues; ensuring value for money	Organise tailored CPD sessions led by specialised individuals to enhance staff knowledge and teaching techniques in physical education. Provide staff with access to training courses focused on specific areas, such as inclusive PE, effective use of equipment, or teaching gymnastics and dance. Ensure children can articulate the	EPWR Sport £4700		Partnership with EMPWR to deliver high-quality coaching and specialist-led PE programs that align with the KS1 and KS2 National Curriculum, ensuring a diverse range of sports and activities. Comprehensive, updated long-term PE plan (LTP) developed in collaboration with EMPWR to cover all PE needs, including varied and engaging lesson plans.	Registers and session attendance records showing high pupil participation in EMPWR-led activities and PE programs. Pupil voice surveys or feedback highlighting enjoyment and engagement with the <i>Moving Together</i> dance scheme and other activities introduced through EMPWR.	Provide ongoing professional development opportunities for teachers to observe EMPWR coaches in action, with a focus on specific areas such as class management, technique delivery, and inclusive teaching practices. Organise workshops for staff on how to adapt and modify lesson plans from the long-term PE plan (LTP) to meet

		learning objective and key knowledge from PE lessons					<p>the needs of different learners.</p> <p>Identify staff members who show an interest in developing further expertise in specific areas of PE (e.g., gymnastics, dance, or outdoor adventure) and provide targeted training to create in-house specialists.</p>
4. broader experience of a range of sports and activities offered to all pupils	Increased uptake of after school sporting activities leading to healthier life style choices and an appreciation of physical activity	<p>Establish a range of sporting opportunities and after school provision</p> <p>Source additional coaches who offer a wider variety of specialist provision during the school day</p> <p>Continue to implement the <i>Moving Together</i> dance scheme</p>	<p>70% EMPWR costing £13,200</p> <p>Moving together £2985</p>		<p>Partnership with EMPWR to deliver high-quality coaching and specialist-led PE programs that align with the KS1 and KS2 National Curriculum, ensuring a diverse range of sports and activities.</p> <p>Comprehensive, updated long-term PE plan (LTP) developed in collaboration with EMPWR to cover all PE needs, including varied and engaging lesson plans.</p>	<p>Registers and session attendance records showing high pupil participation in EMPWR-led activities and PE programs.</p> <p>Long-term planning documents and schemes of work developed with EMPWR, demonstrating</p>	<p>Continue the collaboration with EMPWR to maintain high-quality delivery of PE programs, while exploring ways to build internal staff capacity through training and observation.</p> <p>Provide staff with opportunities for professional development, enabling them to</p>

		<p>across all key stages to provide pupils with access to high-quality dance instruction, broadening their experience of physical activities. The scheme will focus on creative movement, coordination, and self-expression, catering to a wide range of interests and abilities.</p> <p>Ensure children have access to swimming lessons-taking into consideration the school proximity to open bodies of water</p> <p>Provide opportunities for children to attend local sporting events (women's football)/invite athletes to school</p>			<p>EMPWR-led sessions provide exciting and inspirational teaching, fostering creativity, curiosity, and a love for physical activity among pupils.</p> <p>Implementation of the <i>Moving Together</i> dance scheme to introduce pupils to creative movement and broaden their experience of physical activities beyond traditional sports.</p>	<p>alignment with the KS1 and KS2 National Curriculum and showcasing a wide variety of sports and activities.</p> <p>Pupil voice surveys or feedback highlighting enjoyment and engagement with the <i>Moving Together</i> dance scheme and other activities introduced through EMPWR.</p> <p>Lesson observations and feedback indicating that EMPWR-led sessions are dynamic and engaging, inspiring creativity and fostering</p>	<p>adopt and sustain best practices learned from EMPWR coaches in their own lessons.</p> <p>Ensure physical activity remains a regular part of school life by integrating diverse activities like dance, yoga, and mindfulness into daily routines and break times.</p> <p>Foster leadership opportunities for students to assist in after-school clubs, and involve parents in physical activity events or workshops to encourage active lifestyles at home.</p> <p>Gather feedback from pupils and staff to continually assess the impact of programs and</p>
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